

令和2年11月30日

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学生・教職員各位

To all students and faculty members

総合研究大学院大学

新型コロナウイルス感染症対策本部長

SOKENDAI Countermeasures Headquarters for COVID-19 infection

長谷川真理子

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年末年始におけるコロナ感染防止対策徹底のお願い

Countermeasures for COVID-19 infection During the year-end and New Year holidays

コロナ感染者数が増加傾向にある現在、学生、教職員のコロナ感染を防止する観点から、研究室単位など規模の大きい「忘年会・新年会」などの自粛徹底をお願い致します。

The number of people infected with COVID-19 is on the rise.

In order to prevent corona infection of students and faculty members, please refrain from large-scale "year-end party / new year party" such as laboratory unit.

○参考 感染リスクが高まる「5つの場面」

"5 situations" that increase the risk of infection “

# "5 situations" that increase the risk of infection

## Situation ①

### Social gatherings with drinking alcohol

- Drinking alcohol improves mood and at the same time decreases attention. In addition, hearing is dulled and it leads to speaking in a louder voice.
- The risk of infection increases when large numbers of people are in a small space for a long time.
- In addition, sharing glasses and chopsticks increases the risk of infection.



## Situation ②

### Long feasts in large groups

- Long-term meals, dinner receptions, drinking alcohol at night increase the risk of infection compared to a short meal.
- The risk of infection is increased by eating and drinking in a large group of people, for example, 5 or more people, because in groups you have to talk louder and droplets of saliva spread more often.



## Situation ③

### Conversation without a mask

- Talking at close range without a mask increases the risk of airborne or micro-droplet infection.
- Cases of infection without masks were observed during gatherings in karaoke machines.
- Please be careful when traveling by car or bus.



## Situation ④

### Living together in a small limited space

- Living together in a small limited space increases the risk of infection because the enclosed space is shared by several people for a long time.
- There have been reports of suspected infections in common areas such as dormitory bedrooms and bathrooms.



## Situation ⑤

### Switching locations

- When you move to another location, such as when you take a break in a workplace, the risk of infection may increase due to the feeling of relaxation and changes of the environment.
- Suspicious cases of infection were identified in breaking rooms, smoking areas and changing rooms.

